

# Moira Support Contacts 2018

## Rural Support – Government organisations

Australian Tax Office (deferred payments) Individuals Businesses Debt enquiries	13 28 65 13 72 26 13 11 42	<a href="http://www.ato.gov.au">www.ato.gov.au</a>
Federal Department of Human Services (Farm help, income/pension support, tax relief information) Farmer Assistance	13 23 16	<a href="http://www.humanservices.gov.au">www.humanservices.gov.au</a>
Victorian State Emergency Services Information Line	1300 842 737	<a href="http://www.ses.vic.gov.au">www.ses.vic.gov.au</a>
Victorian Emergency Recovery Information Line - Including Financial Assistance	1800 226 226	<a href="http://www.recovery.vic.gov.au">www.recovery.vic.gov.au</a>
Country Fire Authority – Northern Rural Fires, Warnings & Incidents – Vic Emergency	03 5833 2400	<a href="http://www.cfa.vic.gov.au/contact">www.cfa.vic.gov.au/contact</a> <a href="http://www.emergency.vic.gov.au/respond/">www.emergency.vic.gov.au/respond/</a>
Victorian State Emergency Services	13 25 00	<a href="http://www.ses.vic.gov.au">www.ses.vic.gov.au</a>
WorkSafe Victoria	1800 136 089	<a href="http://www.worksafe.vic.gov.au/contact/advisory">www.worksafe.vic.gov.au/contact/advisory</a>
Department of Economic Development, Jobs, Transport and Resources and Department of Environment, Water and Planning – Victoria Farm Management, Climate Information, Farm Debt Mediation	13 61 86	<a href="http://www.agriculture.vic.gov.au">www.agriculture.vic.gov.au</a> <a href="http://www.economicdevelopment.vic.gov.au">www.economicdevelopment.vic.gov.au</a>
Emergency Animal Disease Hotline Tatura Office – Animal Health Officers, Land Management Extension Officers (Soils, Cattle and Sheep)	1800 675 888 03 5833 5222	
Tatura Milk Industries Sustainability and Environment Officer Murray Dairy	03 5824 5903 (03) 5833 5312	<a href="http://www.dairyaustralia.com.au">www.dairyaustralia.com.au</a>
Business Victoria	13 22 15	<a href="http://www.business.vic.gov.au">www.business.vic.gov.au</a>
Goulburn Valley Water	03 5832 4800	<a href="https://www.gvwater.vic.gov.au/">https://www.gvwater.vic.gov.au/</a>
Goulburn Broken Catchment Water Authority	03 5822 7700	<a href="https://www.gbcma.vic.gov.au/">https://www.gbcma.vic.gov.au/</a> Emergency water supply points <a href="http://www.delwp.vic.gov.au/water/emergency-water-supply-points">www.delwp.vic.gov.au/water/emergency-water-supply-points</a>

## Rural Support – Local Government

General Manager Infrastructure Moira Shire Council	(03) 5871 9222	
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## Rural Counselling Services – Identify and assess financial options for rural people (free)

Rural Financial Counselling Service Victoria – General Located at NDHS	1300 834 775	<a href="http://www.agriculture.gov.au/ag-farm-food/drought/assistance/rural-financial-counselling-service">www.agriculture.gov.au/ag-farm-food/drought/assistance/rural-financial-counselling-service</a>
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## Health Services and Generalist Counsellors

Numurkah District Health Service	03 5862 0555	<a href="http://www.ndhs.org.au">www.ndhs.org.au</a>
Nathalia Hospital	03 5866 9444	<a href="http://www.nathaliahospital.org.au">www.nathaliahospital.org.au</a>
Cobram District Health	03 5871 0777	<a href="http://www.cobramdistricthealth.org.au">www.cobramdistricthealth.org.au</a>
Yarrawonga District Health Service	03 5743 8111	<a href="http://www.yh.org.au">www.yh.org.au</a>
Virtual Psychology Farmer SMS Number 24/7	0488 807 266	<a href="http://virtualpsychologist.com.au/home/">http://virtualpsychologist.com.au/home/</a>
Nurse-on-call – 24 hours service	1300 606 024	<a href="https://www2.health.vic.gov.au/primary-and-community-health/primary-care/nurse-on-call">https://www2.health.vic.gov.au/primary-and-community-health/primary-care/nurse-on-call</a>
Moira Mental Health Service through GP referral	03 5862 0560	<a href="https://www.ndhs.org.au/primary-health.html">https://www.ndhs.org.au/primary-health.html</a>
Agrisafe Clinic Primary care connect	03 5551 8533	<a href="https://www.farmerhealth.org.au/safety-centre/agrisafe-clinics">https://www.farmerhealth.org.au/safety-centre/agrisafe-clinics</a>
Victorian Farmers Federation	1300 882 833	<a href="http://www.vff.org.au">www.vff.org.au</a>

## Other assistance services

beyondblue - information only	1300 224 636	<a href="http://www.beyondblue.org.au">www.beyondblue.org.au</a>
DirectLine (drug & alcohol)	1800 888 236	<a href="http://www.directline.org.au">www.directline.org.au</a>
Family Drug Support	1300 368 186	<a href="http://www.fds.org.au">www.fds.org.au</a>
Family Relationship Service	1800 050 321	<a href="http://beta.familyrelationships.gov.au">beta.familyrelationships.gov.au</a>
Parentline Victoria 8am – 12am, 7 days	13 22 89	<a href="http://www.parentline.vic.gov.au">www.parentline.vic.gov.au</a>
Mensline Australia	1300 789 978	<a href="http://www.mensline.org.au">www.mensline.org.au</a>
Gambler's Help	1800 858 858	<a href="http://www.gamblershelp.com.au">www.gamblershelp.com.au</a>
Kids Help Line	1800 551 800	<a href="http://kidshelpline.com.au">kidshelpline.com.au</a>
Life Line	13 11 14	<a href="http://www.lifeline.org.au">www.lifeline.org.au</a>
Suicide Line	1300 651 251	<a href="http://www.suicideline.org.au">www.suicideline.org.au</a>
Safe Steps – Family Violence Response Centre	1800 015 188	<a href="http://www.safesteps.org.au">www.safesteps.org.au</a>
SANE – Mental Health Information Line	1800 187 263	<a href="http://www.sane.org.au">www.sane.org.au</a>
Northern Dairy Farmer Relief Drive	<a href="mailto:nvfrd.jc@gmail.com">nvfrd.jc@gmail.com</a>	<a href="https://www.nvfrd.com/">https://www.nvfrd.com/</a>

## Online Tools

The Ripple Effect – Rural suicide info/support		<a href="http://www.therippleeffect.com.au">www.therippleeffect.com.au</a>
Head to Health online		<a href="https://headtohealth.gov.au">https://headtohealth.gov.au</a>
MindSpot (anxiety, depression assessment & help)		<a href="http://www.mindspot.org.au">www.mindspot.org.au</a>

Please note: List current as at 3/09/18. Every effort has been made to ensure information is correct, however, they may be subject to change.